

EXTENSION ACTIVITY REPORTS



AMERICAN
LOGIC & REASON





NARAYANA COLLEGE OF NURSING

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Number of extension and outreach activities carried out in collaboration with National and International agencies, industry, community, Government and Non- Governmental Organisations engaging NSS/NCC/Red cross/YRC/institutional clubs etc. during the last five years

S No	Academic Year	Number of extension and outreach Activities carried out
1.	2023-24	51
2.	2022-23	51
3.	2021-22	48
4.	2020-21	17
5.	2019-20	11
TOTAL		178

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2023-2024



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**Number of extension and outreach activities carried out in collaboration
with National and International agencies, industry, community,
Government and Non- Governmental Organisations engaging
NSS/NCC/Red cross/YRC/institutional clubs etc. during the Academic Year
of 2023-24**

Year	Name of the activity
2023-24	Information Campaigns on Brain Tumours
2023-24	Elder Protection Awareness Campaign
2023-24	Yoga Practice Promotion
2023-24	Substance abuse prevention
2023-24	ORS Education and Supply Initiative
2023-24	Plastic Reduction Awareness Campaign
2023-24	Promoting Small Family Benefits
2023-24	Youth Empowerment Competitions
2023-24	Support for Viral Hepatitis Awareness
2023-24	Breastfeeding Promotion Campaign
2023-24	High Blood Pressure Outreach Activity
2023-24	Eye Donation Awareness Campaign
2023-24	Food and Nutrition Education
2023-24	First Aid and Emergency Response Training
2023-24	Public Information Campaign on Suicide Prevention
2023-24	Public Awareness for Alzheimer's Care
2023-24	Deaf Awareness Initiative

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2023-24	Support for Rabies Awareness
2023-24	Education on Heart Disease Prevention
2023-24	Cerebral Palsy Awareness Campaign
2023-24	Raising Awareness about Mental Health
2023-24	Hand Washing Education Campaign
2023-24	Promoting Breast Cancer Education
2023-24	Polio Health Awareness Campaign
2023-24	Raising Awareness about Oral Care
2023-24	Pneumonia Awareness Poster Campaign
2023-24	Foot Care Awareness Initiative for Diabetes
2023-24	Kidney Health Education Event
2023-24	Health Awareness programme on Sexually transmitted diseases (STIs)
2023-24	Health awareness in the community regarding dehydration
2023-24	AIDS Awareness Rally
2023-24	Environmental Awareness
2023-24	Health awareness on Geriatric illnesses
2023-24	Road Safety and School children
2023-24	National Youth Day
2023-24	Awareness on Consequences of Smoking and Its Cessation
2023-24	A better future for every child
2023-24	Cancer Education Campaign
2023-24	Deworming Tablet Distribution Initiative

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2023-24	Health awareness in Children
2023-24	Organ Donation Rally Yuva Diwas
2023-24	Pulse polio immunization program
2023-24	Raising Awareness about Kidney Health
2023-24	Oral Health and Wellness Outreach
2023-24	Promoting TB Education
2023-24	Extended Bipolar Care Program
2023-24	Outreach for Health Awareness
2023-24	Sunstroke Prevention
2023-24	Women's Health Issues
2023-24	Public Health Campaign on Pollution Control
2023-24	Education on the Impact of Tobacco Use
TOTAL – 51	

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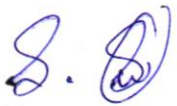


Information Campaigns on Brain Tumors

The NSS Unit of Narayana College of Nursing organized an "Information Campaign on Brain Tumors" on June 8, 2023, at Kamakshi Nagar. This initiative aimed to raise awareness about brain tumors, promote ongoing research, and provide support to individuals affected by the disease. Faculty members and third-year students actively participated, engaging the community through informative sessions, discussions, and educational materials. The program highlighted the importance of early detection, treatment options, and the psychological impact of brain tumors on patients and families. By fostering awareness and encouraging dialogue, the event aimed to empower the community and enhance understanding of this critical health issue. 40 participants and 22 village peoples are benefited through this program.



Information Campaigns on Brain Tumors, Kamakshi Nagar on 8 June 2023


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Promoting Small Family Benefits

The NSS Unit of Narayana College of Nursing organized an event on "Promoting Small Family Benefits" on July 12, 2023, at Saraswathi Nagar. This initiative aimed to highlight the advantages of maintaining smaller families, such as allowing parents to dedicate more time and resources to their children and personal pursuits, including careers, friendships, and leisure activities. Faculty members and first-semester students actively participated, engaging the community through informative sessions, discussions, and sharing success stories. The program emphasized the importance of family planning and its positive impact on overall quality of life. By fostering awareness, the event aimed to empower individuals to make informed decisions that enhance their well-being and family dynamics. 74 participants and 30 village peoples are benefited through this program



Awareness on Promoting Small Family Benefits, Saraswathi Nagar on 12 July 2023

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Youth Empowerment Competitions

The NSS Unit of Narayana College of Nursing organized "Youth Empowerment Competitions" on July 15, 2023, at Venkatachalam. This initiative aimed to empower young people by recognizing their potential to drive social change and development. Faculty members and Post Basic BSc Nursing students actively participated, engaging in various competitions designed to showcase skills, creativity, and leadership. The event included debates, creative presentations, and teamwork challenges that encouraged participants to express their ideas and solutions to social issues. By fostering an environment of collaboration and innovation, the program aimed to inspire youth to take active roles in their communities and contribute positively to society. 21 participants and 25 village peoples are benefited through this program



Awareness on Youth Empowerment Competitions, Venkatachalam on 15 July 2023

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Elder Protection Awareness Campaign

The NSS Unit of Narayana College of Nursing organized an "Elder Protection Awareness Campaign" on June 15, 2023, at Venkatachalam. This initiative aimed to implement comprehensive strategies to build community awareness and foster a culture of vigilance and support for the elderly. Faculty members and fourth-year students actively participated, engaging the community through informative sessions, discussions, and resource distribution focused on the rights and protection of older adults. The program highlighted the importance of recognizing signs of abuse and neglect, encouraging community members to advocate for the safety and well-being of seniors. By promoting awareness and encouraging proactive support, the event aimed to create a more compassionate and protective environment for the elderly. 45 participants and 32 village peoples are benefited through this program.



Awareness on Elder Protection Awareness Campaign, Venkatachalam on 15 June 2023

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Yoga Practice Promotion

The NSS Unit of Narayana College of Nursing organized a "Yoga Practice Promotion" event on June 21, 2023, at Kakatur, in celebration of International Yoga Day. This initiative aimed to raise awareness of the numerous benefits of practicing yoga for physical, mental, and emotional well-being. Faculty members and first-semester students actively participated, engaging the community through yoga demonstrations, interactive sessions, and discussions about the positive impacts of regular practice. The program emphasized the importance of integrating yoga into daily routines to enhance health and reduce stress. By promoting mindfulness and physical fitness, the event aimed to inspire individuals to adopt yoga as a holistic approach to wellness. 30 participants and 24 village peoples are benefited through this program.



Awareness on Yoga Practice Promotion, Kakatur on 21 June 2023

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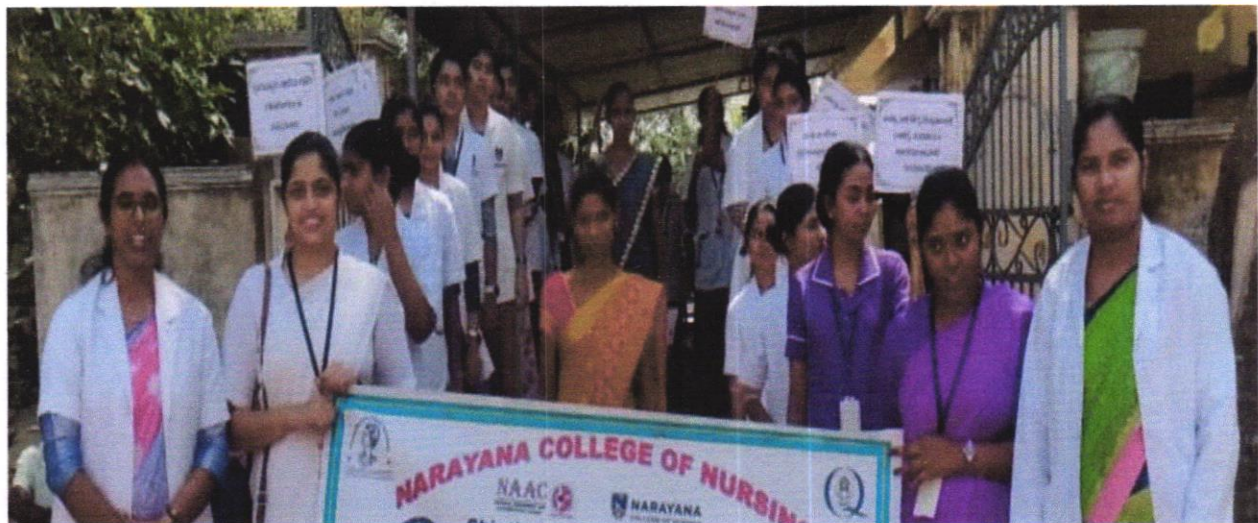
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Substance abuse prevention

The NSS Unit of Narayana College of Nursing organized a "Substance Abuse Prevention" event on June 26, 2023, at Venkatachalam. This initiative aimed to increase awareness among students about the dangers and consequences of drug abuse. Faculty members and fourth-year students actively participated, engaging the community through informative sessions, discussions, and interactive activities that highlighted the health, social, and legal repercussions of substance use. The program emphasized the importance of making informed choices and provided resources for support and prevention. By fostering open dialogue and encouraging healthy lifestyle choices, the event aimed to empower students to resist substance abuse and promote a healthier community. 50 participants and 31 village peoples are benefited through this program.



Awareness on Substance abuse prevention, Venkatachalam on 26 June 2023

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ORS Education and Supply Initiative

The NSS Unit of Narayana College of Nursing organized an "ORS Education and Supply Initiative" on June 29, 2023, at Dakkilivari Palem. This initiative aimed to achieve zero child deaths due to childhood diarrhea by raising awareness about the importance of Oral Rehydration Solution (ORS) and its effective use. Faculty members and third-semester students actively participated, engaging the community through educational sessions on the causes, symptoms, and prevention of diarrhea. The program included the distribution of ORS packets and demonstrations on how to prepare and administer the solution properly. By promoting knowledge and accessibility, the event aimed to empower families to safeguard their children's health and reduce the incidence of dehydration-related complications. 20 participants and 19 village peoples are benefited through this program



ORS Education and Supply Initiative, Dakkilivari Palem on 29 June 2023

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Plastic Reduction Awareness Campaign

The NSS Unit of Narayana College of Nursing organized a "Plastic Reduction Awareness Campaign" on July 2, 2023, at Kamakshi Nagar. This initiative aimed to introduce and encourage the adoption of sustainable alternatives to single-use plastics. Faculty members and first- and second-year MSc students actively participated, engaging the community through informative sessions, discussions, and demonstrations of eco-friendly products. The program highlighted the environmental impact of plastic waste and provided practical tips for reducing plastic consumption in daily life. By promoting awareness and encouraging sustainable practices, the event aimed to inspire individuals to take action for a healthier planet and foster a culture of environmental responsibility. 14 participants and 19 village peoples are benefited through this program



Plastic Reduction Awareness Campaign, Kamakshi Nagar on 2 July 2023

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Support for Viral Hepatitis Awareness

The NSS Unit of Narayana College of Nursing organized a "Support for Viral Hepatitis Awareness" event on July 28, 2023, at Kakatur. This initiative aimed to raise awareness about viral hepatitis, enhance understanding of its impact, and promote actions for prevention, diagnosis, and treatment. Faculty members and second-year Post Basic BSc Nursing students actively participated, engaging the community through informative sessions, discussions, and distribution of educational materials. The program emphasized the importance of vaccination, safe practices, and regular health check-ups. By fostering awareness and encouraging proactive health measures, the event aimed to empower individuals to protect themselves and their communities from the risks associated with viral hepatitis. 26 participants and 20 village peoples are benefited through this program



Awareness on Support for Viral Hepatitis Awareness, Kakatur on 28 July 2023

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Breastfeeding Promotion Campaign

The NSS Unit of Narayana College of Nursing, in collaboration with the Obstetrics & Gynecological Nursing and Child Health Nursing departments, organized a "Breastfeeding Promotion Campaign" from August 1 to August 5, 2023, at Kamakshi Nagar. This initiative aimed to support mothers through peer groups, promoting and establishing breastfeeding while informing families about its numerous benefits. Faculty members and third-year students actively participated in the campaign, engaging the community through informative sessions, workshops, and discussions on the importance of breastfeeding and peer counseling. The program emphasized the positive impact of breastfeeding on maternal and child health, aiming to empower mothers and enhance community support for breastfeeding practices. 75 participants and 30 village peoples are benefited through this program



Awareness on Breastfeeding Promotion Campaign, Kamakshi Nagar from 1 Aug 2023 to 5 Aug 2023

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High Blood Pressure Outreach Activity

The NSS Unit of Narayana College of Nursing, in collaboration with the Medical & Surgical Nursing department, organized a "High Blood Pressure Outreach Activity" on August 14, 2023, at Venkatachalam. This initiative aimed to raise awareness about hypertension, promote regular blood pressure monitoring, and provide educational resources for managing and preventing high blood pressure. Faculty members and first- and second-year Post Basic BSc Nursing students actively participated, engaging the local community through informational sessions, health screenings, and discussions on lifestyle changes and dietary recommendations. The program emphasized the importance of awareness and proactive health management, empowering individuals to take charge of their cardiovascular health for better overall well-being. 47 participants and 30 village peoples are benefited through this program



Awareness on High Blood Pressure Outreach Activity, Venkatachalam on 14 Aug 2023

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Eye Donation Awareness Campaign

The NSS Unit of Narayana College of Nursing organized an "Eye Donation Awareness Campaign" on August 27, 2023, at Saraswathi Nagar. This initiative aimed to educate the community about the importance of eye donation, dispel common myths, and encourage individuals to consider donating their eyes after death. Faculty members and third-semester students actively participated, engaging the public through informative sessions, discussions, and the distribution of educational materials. The program highlighted the significant impact of eye donation on restoring vision for those in need and aimed to foster a sense of community responsibility. By raising awareness and promoting dialogue, the campaign sought to inspire more individuals to contribute to this noble cause. 17 participants and 20 village peoples are benefited through this program



Awareness on Eye Donation Awareness Campaign, Saraswathi Nagar on 27 Aug 2023

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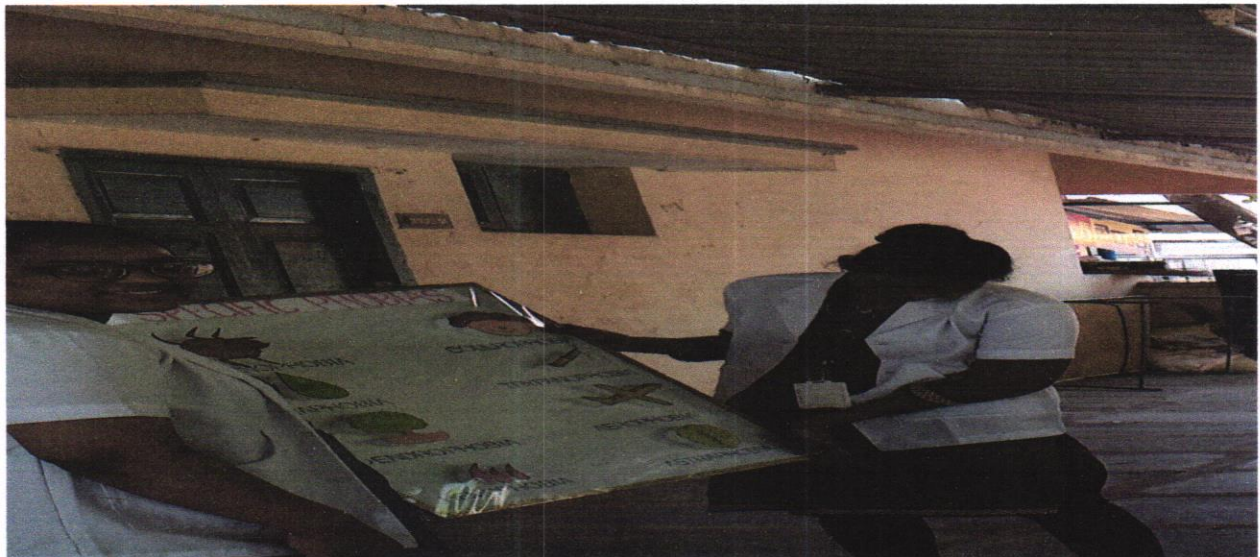
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Food and Nutrition Education

The NSS Unit of Narayana College of Nursing organized "Food and Nutrition Education" activities from September 1 to September 7, 2023, at T P Gudur. This initiative aimed to raise awareness about the benefits of a balanced diet, combat malnutrition, and promote healthier lifestyles within the community. Faculty members and first- and second-year MSc students actively participated, engaging in informative sessions, workshops, and interactive discussions on nutrition, meal planning, and healthy eating habits. The program also included demonstrations of nutritious recipes and tips for incorporating more whole foods into daily diets. By fostering understanding and encouraging positive dietary changes, the event aimed to empower individuals to make informed food choices for improved health and well-being. 17 participants and 20 village peoples are benefited through this program



Awareness on Food and Nutrition Education, T P Gudur from 1 Sep 2023 to 7 Sep 2023

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First Aid and Emergency Response Training

The NSS Unit of Narayana College of Nursing organized a "First Aid and Emergency Response Training" event on September 8, 2023, at Kamakshi Nagar. This initiative aimed to equip participants with essential skills to provide urgent care for injuries and illnesses. Faculty members and first-semester students actively participated, engaging in hands-on training sessions covering basic first aid techniques, CPR, and emergency response protocols. The program emphasized the importance of prompt and effective action in emergency situations, empowering participants to respond confidently and competently. By fostering awareness and practical skills, the training aimed to enhance community safety and preparedness in handling medical emergencies. 47 participants and 29 village peoples are benefited through this program



Awareness on First Aid and Emergency Response Training, Kamakshi Nagar on 8 Sep

2023

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Public Information Campaign on Suicide Prevention

The NSS Unit of Narayana College of Nursing, in collaboration with the Mental Health Nursing department, organized a "Public Information Campaign on Suicide Prevention" on September 9, 2023, at Kakatur. The initiative aimed to raise awareness about reducing stigma and encouraging open conversations about mental health to prevent suicides. Faculty members and third-year students actively engaged with the community through informative sessions and discussions. Educational materials were distributed to help individuals recognize warning signs and offer support. The program emphasized the importance of mental health awareness and creating a safe environment for seeking help. By fostering dialogue and understanding, the campaign aimed to empower individuals to take proactive steps in suicide prevention. 60 participants and 32 village peoples are benefited through this program



Public Information Campaign on Suicide Prevention, Kakatur on 9 Sep 2023

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Public Awareness for Alzheimer's Care

The NSS Unit of Narayana College of Nursing, in collaboration with the Mental Health Nursing department, organized a "Public Awareness for Alzheimer's Care" event on September 21, 2023, at T P Gudur. This initiative aimed to raise awareness about Alzheimer's disease, focusing on the importance of reducing stigma and encouraging open conversations about the condition. Faculty members and third-semester students actively participated, engaging the community through informative sessions and discussions on caregiving strategies and support resources. The program emphasized the need for compassion and understanding toward individuals affected by Alzheimer's, aiming to empower caregivers and families. By fostering awareness and dialogue, the event sought to create a supportive environment for those impacted by the disease. 50 participants and 25 village peoples are benefited through this program



Public Awareness for Alzheimer's Care, T P Gudur on 21 Sep 2023

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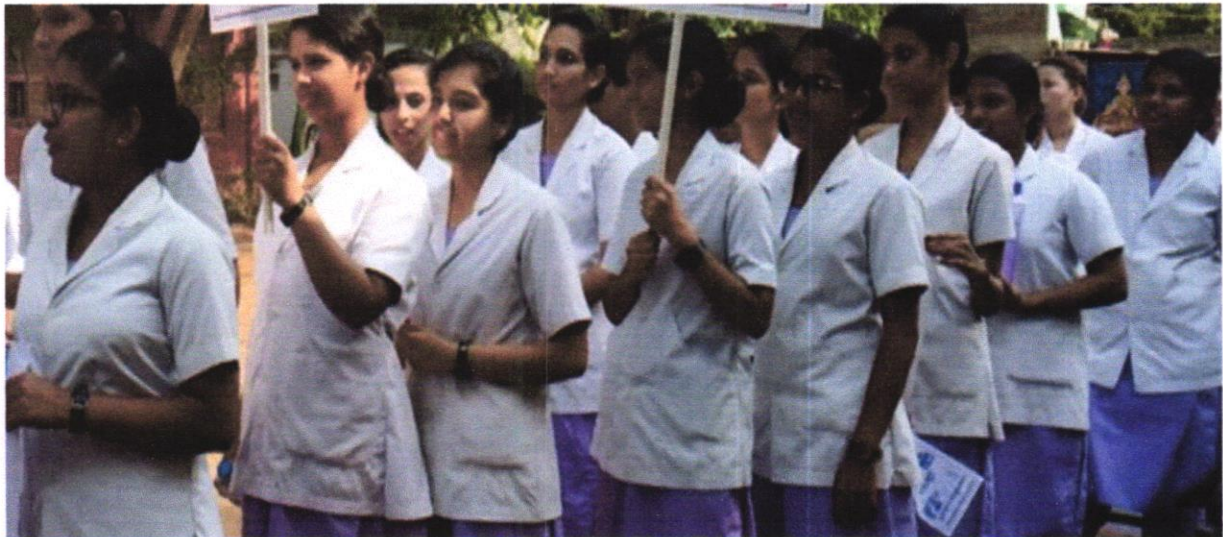
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Deaf Awareness Initiative

The NSS Unit of Narayana College of Nursing organized a "Deaf Awareness Initiative" on September 23, 2023, at Venkatachalam. This event aimed to promote knowledge and understanding about the Deaf community while breaking down barriers between Deaf and hearing individuals. Faculty members and first- and second-year Post Basic BSc students actively participated, engaging the community through informative sessions, discussions, and demonstrations of basic sign language. The program emphasized the importance of inclusivity and effective communication, fostering empathy and respect for the Deaf community. By raising awareness and encouraging dialogue, the initiative sought to create a more inclusive environment for everyone. 33 participants and 20 village peoples are benefited through this program



Deaf Awareness Initiative, Venkatachalam on 23 Sep 2023

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Support for Rabies Awareness

On September 27, 2023, the NSS Unit of Narayana College of Nursing organized a "Support for Rabies Awareness" program at Kamakshi Nagar. The event aimed to empower the community with knowledge about rabies prevention and the importance of seeking timely medical care. Faculty members and IV-year nursing students played an active role in the initiative, engaging with local residents through informative sessions and distribution of educational materials. Participants learned about the symptoms of rabies, vaccination protocols, and proper wound care. The program fostered a sense of responsibility towards public health and encouraged proactive measures against rabies. Feedback from attendees indicated increased awareness and appreciation for the initiative. Overall, the event was a successful step towards community health education. 25 participants and 18 village peoples are benefited through this program



Support for Rabies Awareness, Kamakshi Nagar on 27 Sep 2023

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Education on Heart Disease Prevention

On September 29, 2023, the NSS Unit of Narayana College of Nursing, in collaboration with the Medical & Surgical Nursing department, will organize an "Education on Heart Disease Prevention" program at Saraswathi Nagar. This initiative aims to encourage and empower individuals to take responsibility for their heart health. All faculty members and III-year nursing students are expected to actively participate in the event, which will include informative sessions on risk factors, prevention strategies, and the importance of a healthy lifestyle. Attendees will engage in interactive discussions and receive educational materials to enhance their understanding. This program is a vital step toward fostering community awareness and promoting better heart health practices. 29 participants and 15 village peoples are benefited through this program



Education on Heart Disease Prevention, Saraswathi Nagar on 29 Sep 2023

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Cerebral Palsy Awareness Campaign

On October 6, 2023, the NSS Unit of Narayana College of Nursing will organize a "Cerebral Palsy Awareness Campaign" at Dakkilivari Palem. The campaign aims to advocate for positive changes in education programs, healthcare systems, and the job market to create more opportunities for individuals living with cerebral palsy. All faculty members and first-semester nursing students are encouraged to actively participate in this important initiative. The program will include informative sessions, interactive discussions, and the distribution of educational materials to raise awareness and promote inclusivity. By engaging the community, the campaign seeks to foster understanding and support for those affected by this disability. 29 participants and 15 village peoples are benefited through this program



Cerebral Palsy Awareness Campaign, Dakkilivari Palem on 6 Oct 2023

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Raising Awareness about Mental Health

On October 10, 2023, the NSS Unit of Narayana College of Nursing will organize a program to raise awareness about mental health at Venkatachalam. The initiative aims to reduce the stigma surrounding mental illness and mental health conditions by sharing personal experiences and fostering open discussions. All faculty members and third-semester nursing students are encouraged to actively participate in this impactful event. The program will include informative sessions, personal testimonies, and interactive activities designed to promote understanding and support for mental health issues. By engaging the community, the event seeks to create a more inclusive environment that prioritizes mental well-being. 28 participants and 19 village peoples are benefited through this program



Raising Awareness about Mental Health, Venkatachalam on 10 Oct 2023

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Hand Washing Education Campaign

On October 14, 2023, the NSS Unit of Narayana College of Nursing will host a Hand Washing Education Campaign at Kakatur. This initiative aims to promote the importance of hand washing in improving overall health outcomes and reducing unnecessary deaths, particularly among vulnerable populations, including children under five. All faculty members and IV-year nursing students are encouraged to actively participate in this essential program. The event will feature demonstrations, informative sessions, and the distribution of educational materials to engage the community. By raising awareness about proper hand hygiene, the campaign seeks to foster healthier practices and contribute to the well-being of the community. 30 participants and 20 village peoples are benefited through this program



Hand Washing Education Campaign, Kakatur on 14 Oct 2023

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Polio Health Awareness Campaign

On October 21, 2023, the NSS Unit of Narayana College of Nursing, in collaboration with the Child Health Nursing and Community Health Nursing departments, will conduct a Polio Health Awareness Campaign at T P Gudur. This initiative aims to eliminate poliomyelitis (polio) in India by promoting vaccination for all children under five years old against the polio virus. All faculty members and first- and second-year MSc students are encouraged to actively participate in this crucial program. The campaign will include informative sessions, vaccination drives, and community engagement activities to raise awareness about the importance of polio prevention. By fostering understanding and encouraging vaccinations, the program seeks to contribute significantly to the fight against polio in the region. 14 participants and 30 village peoples are benefited through this program



Polio Health Awareness Campaign, T P Gudur on 21 Oct 2023

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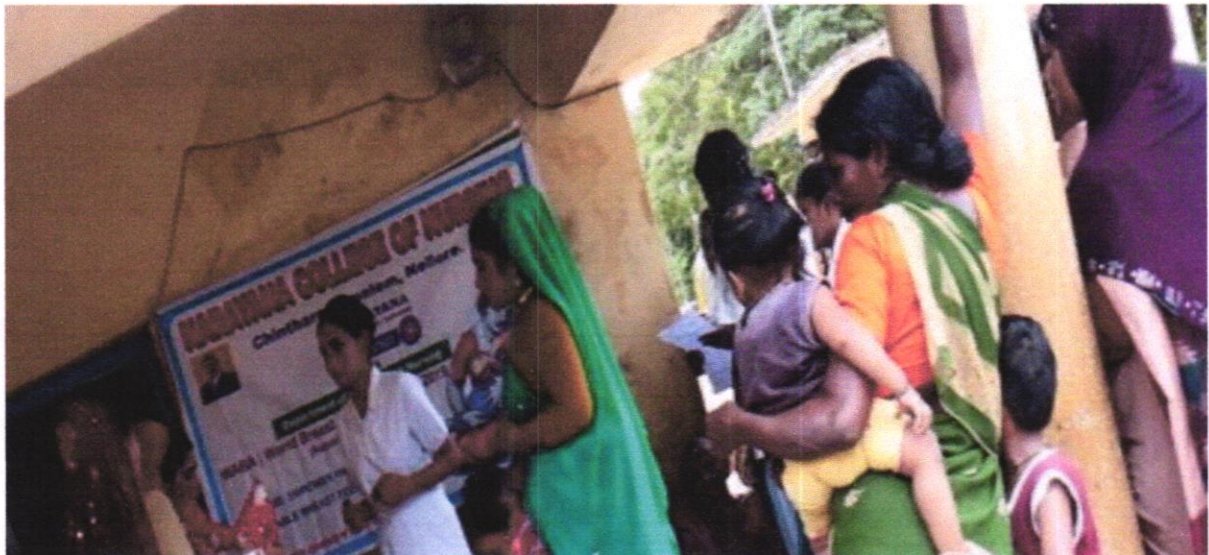
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Promoting Breast Cancer Education

On October 18, 2023, the NSS Unit of Narayana College of Nursing, in collaboration with the Child Health Nursing and Obstetrical & Gynecological Nursing departments, will organize a program to promote breast cancer education at T P Gudur. This initiative aims to increase awareness and reduce the stigma associated with the symptoms and treatment of breast cancer. All faculty members and first- and second-year PB BSc students are encouraged to actively participate in this important program. The event will feature informative sessions, discussions on early detection, and resources for support and treatment. By engaging the community, the program seeks to empower individuals with knowledge and foster a supportive environment for those affected by breast cancer. 32 participants and 20 village peoples are benefited through this program



Promoting Breast Cancer Education, T P Gudur on 18 Oct 2023

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Raising Awareness about Oral Care

On November 1, 2023, the NSS Unit of Narayana College of Nursing will organize a program to raise awareness about oral care at Venkatachalam. This initiative aims to highlight the importance of maintaining good dental hygiene for healthy teeth and gums. All faculty members and third-year nursing students are encouraged to actively participate in this informative event. The program will include educational sessions on proper brushing techniques, the importance of regular dental check-ups, and tips for maintaining oral health. By engaging the community, the event seeks to promote better oral care practices and improve overall health outcomes. 52 participants and 35 village peoples are benefited through this program



Raising Awareness about Oral Care, Venkatachalam on 1 Nov 2023

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Pneumonia Awareness Poster Campaign

On November 11, 2023, the NSS Unit of Narayana College of Nursing will host a Pneumonia Awareness Poster Campaign at Dakkilivari Palem. This initiative aims to raise public awareness about pneumonia, a significant health crisis, and encourage policymakers and grassroots organizers to take action against the disease. All faculty members and third-semester nursing students are invited to actively participate in this important campaign. The event will feature informative posters, discussions on prevention strategies, and insights into the impact of pneumonia on health. By engaging the community, the campaign seeks to foster understanding and prompt collective efforts to combat pneumonia effectively. 74 participants and 25 village peoples are benefited through this program



Pneumonia Awareness Poster Campaign, Dakkilivari Palem on 11 Nov 2023

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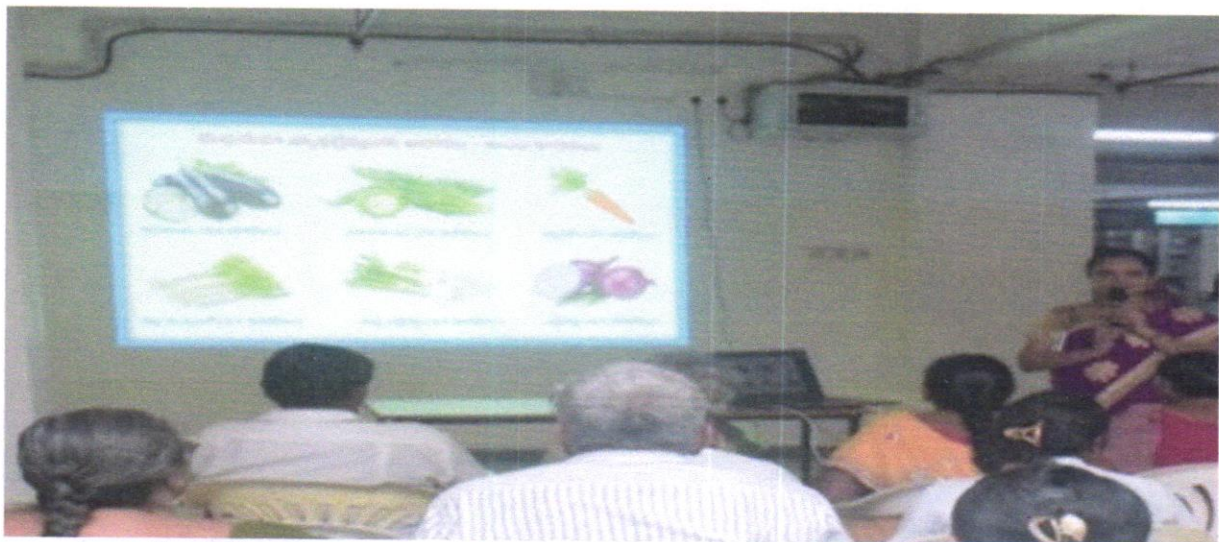
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Foot Care Awareness Initiative for Diabetes

On November 14, 2023, the NSS Unit of Narayana College of Nursing, in collaboration with the Medical & Surgical Nursing department, will organize a Foot Care Awareness Initiative for Diabetes at Kakatur. This program aims to create awareness and enhance care for diabetic foot health across four districts in Andhra Pradesh. All faculty members and IV-year nursing students are encouraged to actively participate in this vital initiative. The event will include informative sessions on foot care practices, risk factors for diabetic foot complications, and preventive measures. By engaging the community, the initiative seeks to promote better management of diabetes and improve the quality of life for individuals living with this condition. 44 participants and 22 village peoples are benefited through this program



Foot Care Awareness Initiative for Diabetes, Kakatur on 14 Nov 2023

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Kidney Health Education Event

On November 17, 2023, the NSS Unit of Narayana College of Nursing, in collaboration with the Medical & Surgical Nursing department, will host a Kidney Health Education Event at Saraswathi Nagar. This initiative aims to bring together patients suffering from kidney diseases and promote awareness of the "amazing kidneys" by educating the community about their crucial role in maintaining health. All faculty members and third-year nursing students are encouraged to actively participate in this important program. The event will feature informative sessions on kidney function, disease prevention, and lifestyle choices that support kidney health. By fostering awareness and understanding, the event seeks to empower individuals to take charge of their kidney health and improve overall well-being. 68 participants and 30 village peoples are benefited through this program



Kidney Health Education Event, Saraswathi Nagar on 17 Nov 2023

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Health Awareness programme on Sexually transmitted diseases

On November 22, 2023, the NSS Unit of Narayana College of Nursing will organize a Health Awareness Program on Sexually Transmitted Diseases (STDs) at Venkatachalam. This initiative aims to raise awareness about sexually transmitted infections (STIs) and their impact on individuals and communities. All faculty members and first-semester nursing students are encouraged to actively participate in this important program. The event will include informative sessions, discussions on prevention, and resources for seeking help and treatment. By engaging the community, the program seeks to promote understanding, reduce stigma, and empower individuals to take charge of their sexual health. 50 participants and 25 village peoples are benefited through this program



Health Awareness programme on Sexually transmitted diseases, Venkatachalam on 22 Nov 2023

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Health awareness in the community regarding dehydration

On November 28, 2023, the NSS Unit of Narayana College of Nursing will organize a health awareness program in the community regarding dehydration at Dakkilivari Palem. This initiative aims to raise awareness about the importance of Oral Rehydration Salts (ORS) in treating dehydration caused by diarrhea and other conditions. All faculty members and first- and second-year MSc students are encouraged to actively participate in this crucial program. The event will feature informative sessions on the signs of dehydration, the proper use of ORS, and preventive measures. By engaging the community, the program seeks to empower individuals with knowledge to manage dehydration effectively and improve overall health outcomes. 14 participants and 20 village peoples are benefited through this program



Health awareness in the community regarding dehydration, Dakkilivari Palem on 28 Nov 2023

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AIDS Awareness Rally

On December 1, 2023, the NSS Unit of Narayana College of Nursing will organize a health awareness program in the community regarding dehydration at Kakatur. This initiative aims to raise awareness about the global epidemic of AIDS (Acquired Immunodeficiency Syndrome) and the spread of HIV (Human Immunodeficiency Virus). All faculty members and first- and second-year PB BSc students are encouraged to actively participate in this vital program. The event will include informative sessions on HIV prevention, transmission, and the importance of testing and treatment. By engaging the community, the program seeks to promote understanding, reduce stigma, and empower individuals to take proactive steps towards their health and well-being. 47 participants and 18 village peoples are benefited through this program



AIDS Awareness Rally, Kakatur on 1 Dec 2023

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Environmental Awareness

On December 5, 2023, the NSS Unit of Narayana College of Nursing organized an Environmental Awareness Program at Saraswathi Nagar. The event aimed to demonstrate ways to protect and preserve natural resources. Faculty members and III Semester students actively participated, engaging in informative sessions and discussions. Participants learned about environmental issues, conservation techniques, and sustainable practices. The program included interactive activities that encouraged community involvement. Feedback indicated a heightened awareness and commitment to environmental stewardship among attendees. Overall, the event successfully fostered a sense of responsibility toward preserving our planet for future generations. 65 participants and 24 village peoples are benefited through this program.



Environmental Awareness, Saraswathi Nagar on 5 Dec 2023

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Health awareness on Geriatric illnesses

On December 12, 2023, the NSS Unit of Narayana College of Nursing will host a Health Awareness Program focusing on geriatric illnesses at T P Gudur. The initiative aims to empower the elderly to lead fit, independent, and healthy lives. Faculty members and third-year nursing students are encouraged to actively participate in this important program. The event will include informative sessions on common geriatric health issues, preventive measures, and strategies to enhance overall well-being. Interactive discussions and activities will promote engagement and support for the elderly community. By fostering awareness and understanding, the program seeks to improve the quality of life for older adults. Overall, the initiative emphasizes the importance of geriatric health in promoting a happy and fulfilling life. 98 participants and 40 village peoples are benefited through this program



Health awareness on Geriatric illnesses, T P Gudur on 12 Dec 2023

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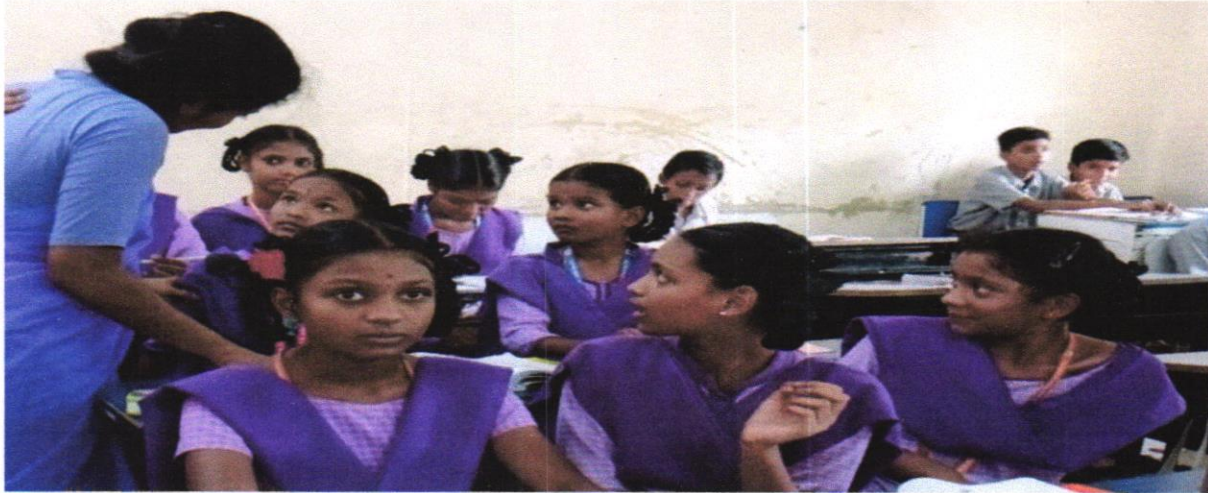
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Road Safety and School children

On December 28, 2023, the NSS Unit of Narayana College of Nursing will organize a program focused on Road Safety for school children at Dakkilivari Palem. The initiative aims to educate participants about various types of traffic and raise awareness of potential dangers associated with road use. All faculty members and IV-year nursing students are encouraged to actively participate in this important program. The event will feature informative sessions on traffic rules, safe crossing practices, and the importance of pedestrian safety. Interactive activities will engage children and reinforce key safety messages. By fostering awareness and understanding of road safety, the program seeks to empower children to navigate traffic safely and responsibly. Overall, this initiative highlights the critical importance of road safety in protecting young lives. 99 participants and 45 village peoples are benefited through this program



Awareness on Road Safety and School children, Dakkilivari Palem on 28 Dec 2023

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National Youth Day

On January 12, 2024, the NSS Unit of Narayana College of Nursing will celebrate National Youth Day at Kamakshi Nagar. This event aims to imbibe the spirit of fearlessness, courage, and selfless service among the youth, encouraging them to contribute positively to society. All faculty members and first-semester students are encouraged to actively participate in this inspiring program. The celebration will include motivational talks, interactive sessions, and activities that promote civic responsibility and community engagement. By fostering a sense of purpose and empowerment, the event seeks to inspire the youth to become active contributors to their communities. Overall, the celebration will highlight the importance of youth in shaping a better future for society. 78 participants and 34 village peoples are benefited through this program



Awareness on National Youth Day, Kamakshi Nagar on 12 Jan 2024

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Awareness on Consequences of Smoking and Its Cessation

On January 19, 2024, the NSS Unit of Narayana College of Nursing will organize an awareness program on the consequences of smoking and its cessation at T P Gudur. This initiative aims to increase awareness about the harmful effects of tobacco consumption, particularly on oral health. All faculty members and third-year students are encouraged to actively participate in this important program. The event will feature informative sessions discussing the health risks associated with smoking, strategies for cessation, and the benefits of quitting. Interactive discussions and activities will engage participants and foster a supportive environment for those seeking to reduce or eliminate tobacco use. Overall, this program seeks to empower individuals to make informed choices for their health and well-being. 55 participants and 38 village peoples are benefited through this program



Awareness on Consequences of Smoking and Its Cessation, T P Gudur on 19 Jan 2024

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A better future for every child

On January 23, 2024, the NSS Unit of Narayana College of Nursing will organize the program "A Better Future for Every Child" at Kakatur. This initiative aims to foster open and honest conversations about creating a better future for children, emphasizing the need for recognition of change and a willingness to act. All faculty members and IV-year students are encouraged to actively participate in this impactful program. The event will feature discussions on various issues affecting children's lives, including education, health, and social welfare. Engaging activities will encourage participants to explore actionable solutions and foster community involvement. Overall, the program seeks to inspire collective efforts toward ensuring a brighter future for our children. 30 participants and 20 village peoples are benefited through this program



Awareness on A better future for every child, Kakatur on 23 Jan 2024

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Cancer Education Campaign

On February 2, 2024, the NSS Unit of Narayana College of Nursing will organize a Cancer Education Campaign at Venkatachalam. This initiative aims to create awareness about cancer and work towards removing the stigma and fear associated with the disease. All faculty members and first- and second-year PB BSc students are encouraged to actively participate in this important program. The event will feature informative sessions on cancer prevention, early detection, and treatment options, along with personal stories to foster understanding and empathy. Interactive discussions will promote community engagement and support for those affected by cancer. Overall, the campaign seeks to empower individuals with knowledge and encourage a supportive environment for cancer awareness and education. 21 participants and 15 village peoples are benefited through this program



Awareness on Cancer Education Campaign, Venkatachalam on 02 Feb 2024

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Deworming Tablet Distribution Initiative

On February 10, 2024, the NSS Unit of Narayana College of Nursing, in collaboration with the Child Health Nursing and Community Health Nursing departments, will organize a Deworming Tablet Distribution Initiative at Dakkilivari Palem. This program aims to combat soil-transmitted diseases, anemia, and iron deficiency by distributing deworming tablets to individuals of all ages, as part of a broader initiative by the State Health Department. All faculty members and third-semester students are encouraged to actively participate in this important initiative. The event will include educational sessions on the importance of deworming and its benefits for health. By engaging the community, the program seeks to improve public health outcomes and raise awareness about preventive measures against parasitic infections. Overall, this initiative emphasizes the significance of regular deworming in maintaining health and well-being. 42 participants and 20 village peoples are benefited through this program



Awareness on Deworming Tablet Distribution Initiative, Dakkilivari Palem on 10 Feb 2024

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Health awareness in Children

On February 15, 2024, the NSS Unit of Narayana College of Nursing, in collaboration with the Child Health Nursing department, will organize a Health Awareness Program for Children at Saraswathi Nagar. This initiative aims to reduce the Under-5 Mortality Rate from 28 to 25, in alignment with the Sustainable Development Goals (SDGs). All faculty members and third-year students are encouraged to actively participate in this crucial program. The event will include informative sessions on child health, nutrition, immunization, and preventive care. Interactive activities will engage children and their families, fostering a better understanding of health practices. Overall, the program seeks to empower the community to contribute to the health and well-being of their children, ultimately working towards a significant reduction in child mortality rates. 70 participants and 39 village peoples are benefited through this program



Health awareness in Children, Saraswathi Nagar on 15 Feb 2024

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Organ Donation Rally Yuva Diwas

On February 22, 2024, the NSS Unit of Narayana College of Nursing will organize an Organ Donation Rally in celebration of Yuva Diwas at Kamakshi Nagar. This initiative aims to raise awareness about the importance of organ donation in saving or improving the lives of recipients suffering from organ failure or serious medical conditions. All faculty members and IV-year students are encouraged to actively participate in this significant program. The rally will include informative sessions about the organ donation process, its benefits, and ways to register as donors. Engaging activities and discussions will promote community involvement and encourage individuals to consider organ donation as a vital contribution to society. Overall, the event seeks to foster a culture of generosity and compassion, highlighting the life-saving potential of organ donation. 57 participants and 27 village peoples are benefited through this program



Awareness on Organ Donation Rally Yuva Diwas, Kamakshi Nagar on 22 Feb 2024

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Pulse polio immunization program

On March 9, 2024, the NSS Unit of Narayana College of Nursing, in collaboration with the Child Health Nursing and Community Health Nursing departments, will organize a Pulse Polio Immunization Program at Kakatur. This initiative aims to immunize children through enhanced social mobilization and to conduct mop-up operations in areas where the poliovirus has nearly disappeared, ensuring that high morale is maintained among the public. All faculty members and third-year students are encouraged to actively participate in this important program. The event will include vaccination drives, informative sessions on the significance of polio immunization, and community engagement activities to raise awareness. By fostering participation and collaboration, the program seeks to protect children from polio and contribute to the ongoing efforts to eradicate the disease. 60 participants and 25 village peoples are benefited through this program



Awareness on Pulse polio immunization program, Kakatur on 9 Mar 2024

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Raising Awareness about Kidney Health

On March 14, 2024, the NSS Unit of Narayana College of Nursing, in collaboration with the Medical & Surgical Nursing department, will organize a Kidney Health Awareness Program at Kakutur. This initiative aims to bring together patients suffering from kidney diseases and promote awareness of the "amazing kidneys" by educating the community about their vital role in maintaining overall health. All faculty members and first- and second-year MSc students are encouraged to actively participate in this significant program. The event will feature informative sessions on kidney function, common diseases, prevention strategies, and lifestyle choices that support kidney health. Interactive discussions and activities will engage participants, fostering a supportive environment for those affected by kidney issues. 14 participants and 20 village peoples are benefited through this program



Raising Awareness about Kidney Health, Kakutur on 14 Mar 2024

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Oral Health and Wellness Outreach

On March 20, 2024, the NSS Unit of Narayana College of Nursing will organize an Oral Health and Wellness Outreach program at Venkatachalam. This initiative aims to improve the determinants of oral health, such as promoting a healthy diet and enhancing oral hygiene practices, while also addressing disparities in oral health accessibility between rural and urban populations. All faculty members and first-semester students are encouraged to actively participate in this important program. The event will feature educational sessions on proper oral care, the significance of nutrition for oral health, and strategies to reduce common dental issues. Interactive activities will engage the community, fostering awareness and encouraging better oral health practices. Overall, the program seeks to empower individuals with knowledge and resources to improve their oral health and well-being. 40 participants and 30 village peoples are benefited through this program



Awareness on Oral Health and Wellness Outreach, Venkatachalam on 20 Mar 2024

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Promoting TB Education

On March 23, 2024, the NSS Unit of Narayana College of Nursing will organize a program promoting TB education at T P Gudur. This initiative aims to reach individuals who may not engage with the patient-initiated pathway, focusing on early detection of tuberculosis (TB) to improve health outcomes and reduce transmission at the population level. All faculty members and third-semester students are encouraged to actively participate in this essential program. The event will include informative sessions on TB awareness, symptoms, prevention strategies, and the importance of timely diagnosis and treatment. Interactive discussions and community engagement activities will foster a supportive environment for those affected by TB. Overall, the program seeks to enhance understanding of TB and promote collective efforts to combat the disease effectively. 56 participants and 40 village peoples are benefited through this program.



Promoting TB Education, T P Gudur on 23 Mar 2023

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Extended Bipolar Care Program

On March 30, 2024, the NSS Unit of Narayana College of Nursing, in collaboration with the Mental Health Nursing department, will organize an Extended Bipolar Care Program at Dakkilivari Palem. This initiative aims to provide the community with vital information about bipolar disorders, promoting education and improving sensitivity toward this mental health condition. All faculty members and third-year students are encouraged to actively participate in this important program. The event will feature informative sessions on the signs and symptoms of bipolar disorder, treatment options, and strategies for supporting individuals affected by the illness. Interactive discussions and activities will foster an understanding of mental health and encourage compassionate engagement with those experiencing bipolar disorder. Overall, the program seeks to enhance awareness and create a supportive environment for individuals living with mental health challenges. 62 participants and 34 village peoples are benefited through this program



Awareness on Extended Bipolar Care Program, Dakkilivari Palem on 30 Mar 2024

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Outreach for Health Awareness

On April 6, 2024, the NSS Unit of Narayana College of Nursing will organize an Outreach for Health Awareness program at Kamakshi Nagar. This initiative aims to engage key stakeholders and promote health advocacy led by the community, aligning closely with their personal values, beliefs, and lifestyles. All faculty members and IV-year students are encouraged to actively participate in this significant program. The event will feature informative sessions on various health topics, discussions on local health concerns, and strategies for community engagement in health advocacy. Interactive activities will foster collaboration and empower participants to take an active role in promoting health within their communities. Overall, the program seeks to enhance understanding of health issues and encourage collective action toward better health outcomes. 80 participants and 25 village peoples are benefited through this program



Outreach for Health Awareness, Kamakshi Nagar on 6 Apr 2024


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Sunstroke Prevention

On April 12, 2024, the NSS Unit of Narayana College of Nursing will organize a Sunstroke Prevention program at Saraswathi Nagar. This initiative aims to educate the community on strategies to lower body temperature and prevent further damage associated with sunstroke. All faculty members and first- and second-year PB BSc students are encouraged to actively participate in this important program. The event will include informative sessions on recognizing the symptoms of sunstroke, preventive measures, and first aid techniques. Interactive activities will engage participants and promote awareness of the risks associated with extreme heat. Overall, the program seeks to empower individuals with the knowledge and tools to protect themselves and others from sunstroke, ensuring a safer environment during hot weather. 47 participants and 30 village peoples are benefited through this program



Awareness on Sunstroke Prevention, Saraswathi Nagar on 12 Apr 2024

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Womens Health Issues

On May 28, 2024, the NSS Unit of Narayana College of Nursing will organize a program focused on Women's Health Issues at Saraswathi Nagar. This initiative aims to improve the health and healthcare of women throughout their lifespan, addressing specific health concerns and promoting overall well-being. All faculty members and third-semester students are encouraged to actively participate in this important program. The event will feature informative sessions on a range of topics, including reproductive health, nutrition, mental health, and preventive care. Interactive discussions and activities will foster community engagement and raise awareness of women's health needs. Overall, the program seeks to empower women with knowledge and resources to make informed decisions about their health and enhance their quality of life. 56 participants and 25 village peoples are benefited through this program



Awareness on Womens Health Issues, Saraswathi Nagar on 28 May 2024

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Public Health Campaign on Pollution Control

On May 30, 2024, the NSS Unit of Narayana College of Nursing will organize a Public Health Campaign focused on Pollution Control at T P Gudur. This initiative aims to create awareness among the general public and various segments of society about the importance of minimizing and controlling pollution. All faculty members and first-semester students are encouraged to actively participate in this essential program. The event will feature informative sessions on the causes and effects of pollution, as well as practical strategies for reducing environmental impact. Interactive activities and community engagement will foster a collaborative approach to addressing pollution issues. Overall, the campaign seeks to empower individuals with knowledge and motivate collective action towards a healthier environment for all. 80 participants and 45 village peoples are benefited through this program



Public Health Campaign on Pollution Control, T P Gudur on 30 May 2024

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Education on the Impact of Tobacco Use

On May 31, 2024, the NSS Unit of Narayana College of Nursing will organize a program focused on the Impact of Tobacco Use at Venkatachalam. This initiative aims to raise awareness about the health risks associated with tobacco consumption and advocate for effective policies to reduce tobacco use globally. All faculty members and third-year students are encouraged to actively participate in this significant program. The event will feature informative sessions covering the health implications of tobacco use, strategies for cessation, and the importance of public policy in addressing tobacco-related issues. Interactive discussions and activities will engage participants and foster a deeper understanding of the topic. Overall, the program seeks to empower individuals to make informed choices and contribute to the efforts of reducing tobacco consumption in their communities. 70 participants and 42 village peoples are benefited through this program



Education on the Impact of Tobacco Use, Venkatachalam on 31 May 2024

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